



ASK E-Newsletter | January 2018

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Riley Teen Leadership Council

If you are a teen (or parent of a teen) with a chronic condition, then you have a unique set of life experiences. Long before adulthood, you've met challenges that few people outside your family and healthcare team fully understand. After a lifetime of appointments with doctors, hospital stays and medications, you may feel "different" from other teens.

Join the Riley Teen Leadership Council (RTLTC), and you'll find a group of peers, mentors and healthcare leaders who "get you" and your family like no one else can. RTLTC is offered free of charge to support you (and your parents and caregivers) as you transition to adulthood. The RTLTC is available for any adolescent aged 13-18 with chronic illness and for young adults with chronic illness as mentors.

Through the RTLTC, you will:

- Meet and have fun with other teens
- Better understand your experience with illness
- Use your strengths to improve your health
- Learn about transitioning to adult medical care
- Share your knowledge through a group project
- Be a mentor for teens

For more information on the Riley Teen Leadership Council, click [here](#).



Trending at ASK:

Title V Delegate

The new Title V Family Delegate is Jennifer Meadows from Montgomery County. Jennifer brings a lot of experience and also passion to learn more about the role of Family Leadership in the MCH system.

The IN Title V Family Delegate is an active advocate and model of family leadership for all families with special health care needs statewide and represents Indiana on a national level. The Title V Family Delegate is responsible for providing the parent perspective to the IN Title V program and will serve as the lead Parent Consultant to the Children's Special Health Care Services (CSHCS) and the Maternal and Child Health (MCH) Divisions at the Indiana State Department of Health (ISDH). The primary responsibility of the delegate will be to plan for and administer the CSHCS Family Advisory Council.

Assessment of Services and Supports for People with Intellectual and Developmental Disabilities

The Task Force for Assessment of Services and Supports for People with Intellectual and Developmental Disabilities was established by HEA 1102 in the 2017 session of the Indiana General Assembly. Meetings will be held around the state for the purpose of gathering input to prepare a comprehensive plan for implementation of community-based services provided to people with intellectual and other disabilities no later than November 1, 2018. These meetings will be held through October 2018. Visit <http://www.in.gov/fssa/ddrs/5455.htm> for meeting dates and locations.

Thank You

We would like to thank everyone that made a year-end gift to ASK. These gifts help us continue to serve families and professionals. Each gift will go directly to our mission of helping children with special needs live better lives by education, empowering and connecting their families.

If you have not yet donated but would like to, simply visit our website and click on the [Donate Now](#) button.

Upcoming ASK Trainings

My Child Has Special Needs: Now What?

[February 17th - Jeffersonville](#)
12:30 p.m. - 2:30 p.m.

A Life with Stress, Balance and a Plan

[Jan. 20th - Jeffersonville](#)
12:30 p.m. - 2:30 p.m.

Watch for more 2018 trainings to be added soon!

About Special Kids | 800-964-4746 | www.aboutspecialkids.org

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