



**ASK**



About • Special • Kids

Answers for families of kids with special needs

800-964-4746



Resource Directory



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[AboutSpecialKids.org](http://AboutSpecialKids.org)

### March is Disability Awareness Month

March 2015 is Disability Awareness Month, and ASK, along with individuals, businesses and organizations across the state will be recognizing the abilities of people with disabilities, educating Hoosiers about disability-related issues, and encouraging everyone to embrace their communities and the people who live there.

“This year’s campaign theme “Love Where You Live,” continues the Governor’s Council’s commitment to making Indiana a state of livable communities. It encourages us all to become involved in creating communities that are accessible and livable for everyone – with and without disabilities,” said Suellen Jackson-Boner, Council executive director. “The Council is extremely pleased that ASK is joining in this effort.”

If you would like to order free Disability Awareness materials from the Council, visit [indianadisabilityawareness.org](http://indianadisabilityawareness.org) or contact the Council at [gpcpd@gpcpd.org](mailto:gpcpd@gpcpd.org).



### Brackets For Good:

Thank you so much for your help in building excitement for Brackets For Good. We appreciate your donation and spreading the word about Brackets For Good. The first round ended at 7:59:59 on Friday evening. With just moments to spare

### March Newsletter Sponsor



### Upcoming Workshops

#### Roadmap to Special Education: Laws and Process

This workshop, combining the Article 7 and IEP training, is all day training that offers basic information about special education laws and regulations for Indiana children and how to prepare for a case conference and write an IEP.

Mar. 19  
Speedway United Methodist Church  
Indianapolis

Mar. 25  
St. Mark’s United Methodist  
Bloomington

#### Public Health Insurance: What You Don’t Know Can Cost You

This full day training provides information on Medicaid, Medicaid Disability, Medicaid Waivers, Children’s Special Healthcare

the Indianapolis Parks Foundation won our round by \$13.00. Please join ASK in congratulating them on their win.

Because of the fun and excitement generated this year, ASK plans to participate in Brackets For Good 2016!



Brackets For Good 2015 is not over yet. We hope you will go online at [www.bracketsforgood.org](http://www.bracketsforgood.org) and root for another charity as they move closer to winning the \$10,000 prize.

**Next up for ASK: Walking for Dreams Family and Pet Fun Walk, May 17, 2015** on the Indianapolis downtown canal. This is a family and pet friendly, FUN activity. Mark your calendars. We'll be getting word out about how you can participate soon. We're already lining up sponsors. Until then, please feel free to visit: [www.walkingfordreams.org](http://www.walkingfordreams.org). This year's Walk proves to be an exciting time.

**Again, thanks for your help with Brackets For Good.**

**Being a parent is the most wonderful—and hardest—job in the world.** If you have a child with special needs, your job is no less wonderful, but it can be more complicated.

Your child's education is most likely an area of great interest to you. As a child with a disability, he or she may be eligible for [special education services](#) in school. If so, then it will be important for you to learn more about special education; how special education services can support your child; and what part you can play in the special education process.

Thanks to a powerful and important federal law called the [Individuals with Disabilities Education Act](#), or IDEA, children with disabilities are entitled to a "free appropriate public education" (often called FAPE). This means that schools must provide eligible children who have a disability with specially designed instruction to meet their unique needs at no cost to the children's parents. This specially designed instruction is known as special education. IDEA includes a great deal of information to help states design special education programs for children with disabilities. IDEA also includes regulations to protect the rights of parents and children.

Check out **ASK's** online [Article 7 Training](#) for in-depth information register for our **Roadmap to Special Education** to the right

*Quick links:*

[Introduction](#)

[A. The IEP Process](#)

[B. The IEP Document](#)

[C. Deciding Your Child's Placement](#)

[D. Participating in the IEP Meeting](#)

[Endnotes](#)

[IEP Checklist](#)

Article courtesy of the Center for Parent Information and Resources (March 11, 2015). Developing Your Child's IEP.

Newark, NJ, *A legacy resource from NICHCY*



Services, Hoosier Healthwise, SSI, and private insurance.

May 22  
Mt. Pleasant United Methodist  
Terre Haute

Jun. 8  
East 91<sup>st</sup> Street Christian Church  
Indianapolis

**It's Not WHAT You Say . . . It's HOW You Say It: Effective Communication**

Communication is a key factor when working with individuals and organizations. This training is geared toward parents of children with special needs to help build positive working relationships with schools, medical professionals through improved communication skills.

Apr. 6 ~ 1:00 - 3:00 pm  
East 91<sup>st</sup> Street Christian Church – Indpls.

Jun. 17 ~ 1:00 - 3:00 pm  
Hopewell Center  
Anderson

June 24 ~ 10:00 - 12:30 pm  
St. Mark's United Methodist  
Bloomington

**My Child Has Special Needs: Now What?**

This training helps parents map out the next steps for their child and family with a brief overview of how to:

- > find support for your child and family,
- > find information and services,
- > find coverage to pay for services, and will help you start thinking about the future

Apr. 15 ~ 10:00 - 12:30 pm  
Kokomo South Branch Library  
Kokomo

Apr. 17 ~ 1:00 - 3:00 pm  
Wabash Center  
Lafayette

June 10 ~ 10:00 - 12:30  
First Christian Church  
Shelbyville

[Register Here](#)



Are you ready for some golf? Join us on May 29 for our 7th Annual Anthem/About Special Kids Golf Outing

Sponsor or Register [here](#)



**Are you planning to Travel Spring Break? Here are 10 Travel Tips**  
<http://myfamilytravels.com/content/11177-10-tips-traveling-special-needs-kids>

If you are flying for spring break here is a link to TSA's guidelines and requirements for individuals traveling with a disability or medical conditions.  
<http://www.tsa.gov/travelers/airtravel/specialneeds/index.shtm>

Contact Us | Phone: 800-964-4746 | [FamilyNewW@AboutSpecialKids.org](mailto:FamilyNewW@AboutSpecialKids.org)

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About Special Kids  
7172 Graham Road ~ Suite 100  
Indianapolis, IN 46250  
United State

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