



December 2016 ~ E-Newsletter

Thanks **MHS** for a great year of being our monthly sponsor



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Season's Greetings from ASK

The Board of Directors, staff and volunteers wishes each and everyone the very best during this great holiday season, as this year comes to a close and a new one draws near. It is an honor to serve our families throughout the state. We do what we do because we fully understand that a parent who is well informed and connected to appropriate resources is the best advocate for their child.

ASK cannot help keep all our parents informed on the latest issues and connected to the resources that benefits them in their personal journey without help from the community.



You can help ASK help more families of children with special needs. This is a season of giving and in that spirit, we ask you to consider a gift to help us continue to give of ourselves to the families that we serve. As we look back on our year of ups, downs and sometimes sideways happenings in our lives we hope your year was more ups than downs and that you can see and feel your blessings. Would you consider sharing your blessings with other ASK families?



Each & every gift is a blessing that helps touch the lives of families in need of ASK's services.

<https://www.aboutspecialkids.org/donate/>

Thank You for Your Thoughtful Gift!

Holiday Closing



About Special Kids will be closed for the upcoming holidays; December 23rd through January 2nd. We will reopen January 3rd rested and ready to begin the New Year with you.

We are giving our hardworking staff time to celebrate the holidays with their families and to put into practice the continued advice we give to the parents we work with throughout the year – "take some time to recharge and take care of yourself!"

So, we are closing for a couple of days to recharge and reflect on the families we served throughout the year. We hope that you are able to relax and recharge during this time.

Happy New Year – see you in 2017!



Trending at ASK
Open Enrollment is Happening NOW!

Remember: In most states consumers must enroll in a health insurance plan no later than December 15 for their coverage to begin on January 1. If they enroll from December 16-January 15, their insurance coverage will not begin until February 1; if they enroll between January 16 and 31, their coverage will begin on March 1. [Plans can be previewed on HealthCare.gov](#)

Where to get help?

Purchasing health insurance can be complicated. If you or your family member needs assistance with understanding the options, healthcare.gov can help. This website has information about seeking assistance in local communities, explanations of health insurance terms, enrollment information, assistance with out-of-pocket cost estimation and much more. There is also a 24-hour phone line for consumer assistance at 1-800-318-2596 to call for help.

Hungry?

This month's recipe comes courtesy of Jane Scott, ASK deputy director, has been at About Special Kids since 1997.

[Check out her bio](#)



Easy Reindeer Cookies

You just need Nutter Butter cookies, pretzels (you can break off the center piece as seen in the photo or leave it on) and M&M's. Attach everything with frosting- even the store bought stuff. If you're doing this with kids, it works really well to put a little frosting in a heavy duty zip lock bag and cut a tiny corner off. Use a twist tie and tie the bag right at the top of where the frosting sits to keep it in place for little hands. Have fun!

Giving Tuesday

A **BIG** Thank You to all who contributed!

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