



## February 2017 ~ E-Newsletter

### Thanks to our monthly sponsor



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### Trending at ASK

About Special Kids recently learned that, effective April 1, 2017, MDwise will no longer be an authorized health plan for Hoosier Care Connect (HCC).

Both Managed Health Services (MHS) and Anthem WILL remain with the program, meaning that MDwise Hoosier Care Connect members will have the option to choose either MHS or Anthem to coordinate their care. To see a side-by-side plan comparison [click here](#).

MDwise will continue to serve Healthy Indiana Plan and Hoosier Healthwise members. If you are unsure what plan you have, call MDwise at 1-800-356-1204 or HHC Helpline at 1866-963-7383.

Members who are currently served by MDwise Hoosier Care Connect will receive a letter this week informing them that there will be a **one-month**, open enrollment period, starting **February 15, 2017**. Members who have not chosen either MHS or Anthem by **March 15, 2017**, will be assigned to one of these two health plans.

In addition, members will need to contact their new plan provider and inquire about in-network pharmacies. It is important to note that MDwise members only use Walgreens and Anthem and MHS members cannot use Walgreens.

We encourage you to share this message with others. If you would like to better understand your options your parent liaison at About Special Kids is here to help – 317-257-8683 / 800-964-4746

### Choose your health plan now!

Call the Hoosier Care Connect Helpline at **1-866-963-7383**.

[Click to read the full press release](#)

### Brackets For Good

We're thrilled to announce that we've been selected to participate again in a fundraising tournament called Brackets For Good! This is the only sport for nonprofits and now it's time to rally our supporters on how they can make a huge impact on About Special Kids in 2017! The first round of tournament gets underway the evening of Friday, February 24th and a championship victory includes donation from the tournament's title sponsor! Get in the game and help us win Philanthropy's BIG Dance!

- How does Brackets For Good's tournament work? Check out this: 60 second video [https://www.youtube.com/watch?v=jskPh8hBh\\_8](https://www.youtube.com/watch?v=jskPh8hBh_8).
- Follow us on Facebook for matchup updates! <https://www.facebook.com/AboutSpecialKids/>
- Checkout ASK's profile and our 1<sup>st</sup> round competitor in #BFGIndy! We Tip February 24<sup>th</sup> ~ <https://indianapolis.bfg.org/matchup/about-special-kids>
- Checkout and share our video featuring some of ASK's kiddos - <https://youtu.be/gQIrW13KEac>

YOU can be our next MVD (Most Valuable Donor)! View our matchup and donate here: <https://indianapolis.bfg.org/matchup/about-special-kids>.

### Things You can Do to Help ASK get to the 2nd Round and Beyond

1. Go to <https://indianapolis.bfg.org/bracket> and create your account.
2. Ask your friends, family and associates to create their accounts, like us on Facebook and to Opt In for Texts too.
  - a. Ask them to invite their circle.
3. Beginning February 24<sup>th</sup> go to our match up [here](#) and donate.
4. Ask your friends, family and associates to donate too.



- a. Ask them to invite their circle to donate.
5. Stay up with how the game is going and give more as you are able
6. You are encouraged to use a "Buzzer Beater" – you can use this feature to allocate an amount of your donation to stay hidden until the last second of the competition.
7. Ask your friends, family and associates to use a buzzer beater too.



### Hungry?

This month's recipe comes courtesy of Joe Brubaker, ASK executive director since 2011. Checkout his [bio](#)



#### Cracker Barrel Meatloaf – (Joe Brubaker Style)

- 3 eggs
- 1 cup milk
- 32 Ritz crackers, crushed (one sleeve)
- 1 cup chopped onion
- 8 ounces shredded sharp cheddar cheese
- 2 teaspoon salt
- 1/2 teaspoon pepper
- 3 lbs ground beef
- 1 lb ground sausage (medium spicy)
- 1 cup ketchup
- 1 cup brown sugar
- 2 teaspoon mustard



#### DIRECTIONS

Preheat oven to 350.  
 Beat eggs. Add milk and crackers. Stir in onion and cheese. Add ground beef & sausage. Mix well. Shape into a loaf.  
 Bake at 350 for 70 minutes.  
 Combine ketchup, brown sugar and mustard to make topping. Spoon half of the topping over the meatloaf after 45 mins of baking. Return loaf to oven for 15 more mins of baking. Spoon the rest of the topping over meatloaf, return to oven and bake for 10 mins more.

Enjoy!

### Upcoming ASK Community Workshops

#### Life with Stress, Balance and a Plan

- February 27th - 6:00 - 8:00 p.m. - Linton
- March 16<sup>th</sup> – 6:00 – 8:00 p.m. – Ft. Wayne

#### My Child Has Special Needs: Now What?

- February 23<sup>rd</sup> – 1:00 – 3:00 p.m. - Indianapolis
- March 6<sup>th</sup> – 6:00 – 8:00 p.m. – Lafayette
- March 22<sup>nd</sup> – 10:00 – 12:00 p.m. – Ft. Wayne

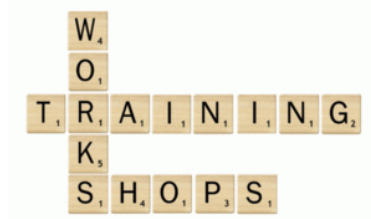
#### It's Not WHAT You Say . . . It's HOW You Say it: Effective Communication

- February 21<sup>st</sup> – 1:00 – 3:00 p.m. – Ft. Wayne
- February 22<sup>nd</sup> – 6:00 – 8:00 p.m. – Lafayette

#### Roadmap to Special Education: Laws and Process

- March 7<sup>th</sup> – 8:30 – 4:00 p.m. – Ft. Wayne
- March 9th - 8:30 - 4:00 p.m. - Linton

To learn more and register <http://www.aboutspecialkids.org/training/training-descriptions/>



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