ASK E-Newsletter | September 2021
Sponsored by:

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The 2021 ASK Founders Breakfast
Join us for our 5th Annual Founders Kitchen Table Breakfast at the Children's Museum of Indianapolis.

THE ASK 2021 FOUNDERS BREAKFAST

Join us on
Thursday, October 14, 2021 at
The Children's Museum of Indianapolis
7:30 a.m. registration

When: October 14, 2021
7:30 a.m. – 9:00 a.m.

Introducing our Founder's Award Honorees

- **Alexis Metakes** - Through the hardships of both the pandemic and her son's health challenges, Alexis turned her focus into an Etsy business, providing items for children who, much like her own son, need adaptive clothing.
- **Ali Brown** - Ali is the Indianapolis City Councillor who created the Indy Autism Project - the citywide initiative to make Indy the 2nd "Autism-Certified" city in the country.
- **Brooke Moreland** - Brooke is helping to launch an exciting new initiative, Ready2bSocial, which is specifically designed for students in grades k-2 with developmental delays to promote social emotional development.
- **Craig Peterson** - Craig and his family have been dedicated to helping other families by raising awareness about mental health and Fetal Alcohol Spectrum Disorders.

About our Emcee: Stephan Viehweg

Stephan Viehweg, LCSW, ACSW, IMH-E®, CYC-P is the Associate Director of the Riley Child Development Center, Indiana LEND at the IU School of Medicine, Department of Pediatrics, the Associate Director of the IUPUI Center for Translating Research Into Practice, and Adjunct Professor of the IU School of Social Work. He currently serves as the CDC’s Learn the Signs. Act Early. Ambassador to Indiana. He is founding chair of Infancy Onward (Indiana’s association for infant mental health), founding president of Family Voices Indiana, Treasurer of Mental Health America of Indiana, a member of the Nominating Committee of the Association of Social Work Boards, and serves a Governor appointment to the Indiana Behavioral Health Professions Licensing Board. He is co-author of Tackling the Tough Stuff: A Home Visitor’s Guide to Supporting Families at Risk.

To learn more about this event, please visit our website HERE or call 317-257-8683.
children with special healthcare needs. The ideal candidate is passionate about advocating and working with other parents to improve outcomes for children with special needs and must speak both English and Spanish.

More information about this role in both English and Spanish is available on the ASK website [HERE](#).

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Telehealth and Telegenetics Resources

The National Genetics Education and Family Support Center (Family Center) has compiled a list of resources developed to provide more information about telegenetics and telehealth, including resources created in response to COVID-19.

For a list of these resources, click [here](#).

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Thank You to Our 2021 ASK Founders Breakfast Sponsors

Would you like to join these community partners by sponsoring the 2021 ASK Founders Breakfast? More information about becoming a sponsor or reserving a table for this incredible event is available [HERE](#) or by calling ASK at 317-257-8683.

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Safe Socialization in the Age of COVID-19 for Children with Special Needs

Ben Snyder, PGY-3 Med/Peds Indiana University

Much type has been used to describe the complexities of the ongoing COVID-19 pandemic. After a summer of optimism, many are beginning to recognize the delicate balance and ongoing decisions that we must confront as a society as we seek to keep our most vulnerable populations safe while allowing everyone to thrive. Children have paid a severe price throughout the course of the pandemic losing out on many social and developmental opportunities through the impacts of virtual learning and the ongoing necessity of masking to reduce the spread of the virus responsible for causing COVID-19. A unique population in the pandemic is children with special medical and developmental needs who find themselves most vulnerable to the negative impacts of COVID-19 and without a vaccine available under the age of 12 to help prevent severe disease. To read the entire article, click [here](#).