

# ABOUT SPECIAL KIDS

## Roadmap to Special Education: Laws and Process

(\$40 – Family Members / \$75 - Professionals)

This training is geared toward families and professionals who advocate for children with a disability or serious chronic illness. The all day workshop combines Article 7 and IEP training and offers:

- Basic information about special education laws
- Regulations for Indiana children ages 3-21
- How to prepare for a case conference
- How to write an IEP

## Public Health Insurance: What You Don't Know Can Cost You

(\$40 – Family Members / \$75 - Professionals)

This full day training provides parents and professionals with information about public health insurance programs that can be accessed by families caring for children with special needs. It includes information on:

- Medicaid (Part A, B, C, D & E)
- Medicaid Disability, Medicaid Waivers
- Children's Special Healthcare Services
- Hoosier Healthwise and SSI (Supplemental Security Income)

## My Child is Transitioning to Adulthood: What Now? (Free –Family Members / \$25 - Professional)

Transition planning offers youth with disabilities a path to connect their daily high school activities to their goals for independent life after completing high school. This training will discuss options and how to start making plans now to set up a positive future. Some areas covered will be:

- Transition IEPs
- Options for after High School: Employment, Secondary Education, Day Centers, etc.
- How to stay involved in the community: Volunteering, Recreation, etc.
- Independent Living / Support Living
- Financial Planning – Presented by Gordon Homes, Sr. Financial Planner
- Other Community and State Resources

## My Child Has Special Needs: Now What? (Free – Family Members / \$25 - Professional)

Finding out that your child has special needs can be overwhelming. Some common reactions can be “What do I do now? Where do I start?” This training provides families with a brief overview of how to:

- Find support for your child and family,
- Find information and services,
- Find coverage to pay for services, and
- Will help you start thinking about the future

This training is geared to help parents map out the next steps for their child and family.

## It's Not WHAT You Say . . . It's HOW You Say It: Effective Communication (\$10 per person)

Communication is a key factor when working with individuals and organizations. This training is geared toward parents of children with special needs to help build positive working relationships with schools, medical professionals, and groups or committees through improved communication skills. Topics such as partnerships, negotiation, and listening will be addressed.

## A Life with Stress, Balance and a Plan (\$10 – Family Members / \$25 - Professionals)

Parents of children with special needs live with added emotional, medical, social and financial challenges. These extenuating circumstances can often lead to feelings of loneliness, depression, marital and family problems and health issues. This training will focus on identifying types of stressors, identify coping mechanisms and providing ways to incorporate them into everyday life, and the importance of good communication.

## Workshop for Professionals:

### **What Every Parent Wants You to Know (\$70 Group Rate for Professionals)**

This one-hour session provides unique insight into the daily lives, routines, and history of a family living with a child with special needs. Geared toward teachers, professionals and child care providers, the goal is to offer participants an opportunity to understand the family's perspectives and to use this insight to address accommodations the child will need to be successful in a variety of settings.

## Online Trainings:

### **Free Article 7 Online Training Videos** (available in English and Spanish)

Registration is required

- **Article 7 Module: Transition** This training reviews Rules 43-1 thru 43-7 under Indiana's Special Education Law which pertain to transition. Under Indiana law transition is defined twice, once when a child moves from Early Intervention to Preschool and then again when the child turns 14.
- **Article 7 Module: Discipline Procedures** This training reviews Rules 44-1 thru 44-10 under Indiana's Special Education Law which pertain to discipline procedures.
- **Article 7 Module: Non-Public Schools** This training reviews Rules 34-1 thru 34-10 under Indiana's Special Education Law which pertain to students attending a non-public school.
- **Article 7 Module: Procedural Safeguards** This training reviews Rules 37 under Indiana's Special Education Law which pertains to Procedural Safeguards and parental rights.

### **Free Mental Health Online Training Videos**

- **Session One – The Family and Child** - Understand the importance of mental health treatment and a medical home. Identify your child's strengths and weaknesses in relation to both a diagnosis and home environment
- **Session Two – Family and School Collaboration** - Understand the role of behavior in your child's Individual Education Program and its relationship to intelligence. Advocate for the use of meaningful discipline within schools rather than outright punishment
- **Session Three – Maintaining Behavior and Raising the Bar** - Participants will be introduced to their ongoing role in maintain behavior and build upon successes

### **Archived Webinars**

ASK webinars are archived on the website covering a wide range of topics. These webinars are free to view.

Online trainings and archived webinars are available at [www.aboutspecialkids.org](http://www.aboutspecialkids.org)