

# Recognizing Needs of Foster Children

## How To Know and Where To Go

### **About Special Kids (ASK)**

**ASK** helps Indiana families and caregivers with the challenges of medical and daily life for children with special needs from birth to age 22. Unique to ASK are our parent liaisons, all parents who have children with special needs who provide individualized and personal support to families. Parent liaisons also assist with educational or behavioral questions and connect families to needed resources and services.

[www.aboutspecialkids.org](http://www.aboutspecialkids.org) 1-800-964-4746

### **INSource**

Provides parents, families, and service providers in Indiana with the information and training necessary to help assure effective educational programs and appropriate services for children and young adults with disabilities.

[www.insource.org](http://www.insource.org) 800-332-4433

### **IN Protection and Advocacy**

<http://www.in.gov/ipas> 800-622-4845

### **IN Family to Family**

The Family to Family Initiative is a project devoted to linking Indiana families to people.

<http://www.inf2f.org> 800-964-4746

### **Family Voices .**

<http://www.familyvoices.org> 574-273-6019

### **Indiana Institute for Disability and Community**

The mission of the Indiana Institute on Disability and Community is to work with communities to welcome, value, and support the meaningful participation of people of all ages and abilities through research, education, and service.

<http://www.iidc.indiana.edu> <http://www.isdd.indiana.edu/cedir>

812-855-6508 812-855-9396

## **The Arc**

**The Arc of Indiana** is committed to all people with developmental disabilities realizing their goals of learning, living, working, and playing in the community.

<http://www.arcind.org> 800-382-9100

## **Governor's Council for People with Disabilities**

Mission is to advance independence, productivity, and inclusion of people with disabilities in all aspect of society.

<http://www.in.gov/gpcpd/> 317-232-7770

## **Children with Special Health Care Services**

The Children's Special Health Care Services (CSHCS) program provides financial assistance for needed medical treatment to children with serious and chronic medical conditions to reduce complications and promote maximum quality of life.

<http://www.in.gov/isdh/programs/cshcs> 800-475-1355

## **ATTAIN**

All Hoosiers with functional limitations will have access to assistive devices. We will do this in partnership with people with functional limitations, families and members of the community through training, systems change, services and support, research, dissemination and consumer advocacy.

<http://www.attaininc.org> <http://www.attaininc.org/v3> 800-528-8246

## **SIBshops**

Sibshops acknowledge that being the brother or sister of a person with special needs is for some a good thing, others a not-so-good thing, and for many, somewhere in-between. They reflect a belief that brothers and sisters have much to offer one another — if they are given a chance. Sibshops are a spirited mix of new games (designed to be unique, off-beat, and appealing to a wide ability range), new friends, and discussion activities.

<http://rileychildrenshospital.com/parents-ndpatients/wellnesscenter/commed/sibshops.jsp>

Christina Rogers 888-365-2022

## **Childcare Resource and Referral**

Statewide organization whose mission is to work with its member agencies at a local, state, and national level to provide, coordinate, and advocate for a strong statewide system of childcare resource and referral.

<http://www.iaccrr.org> 800-299-1627

## **Bureau of Developmental Disabilities**

A section of the Division of Disability, Aging and Rehabilitative Services, within the Indiana Family and Social Services Administration, responsible for coordinating and funding services for Indiana's adult citizens with developmental disabilities. Access Point for Developmental Disability, Autism, and Support Services Medicaid Waivers.

<http://www.in.gov/fssa/ddrs/5277.htm> 800-545-7763

## **Area Agencies on Aging**

The Indiana Association of Area Agencies on Aging (IAAAA) advocates for quality programs and services for older adults and persons with disabilities. Access Point for Aged and Disabled and Traumatic Brain Injury Medicaid Waivers.

<http://www.iaaaa.org> 800-986-3505

## **Social Security Administration**

Social Security and Supplemental Security Income disability programs are the largest of several Federal programs that provide assistance to people with disabilities. Supplemental Security Income (SSI) is a Federal income supplement program funded by general tax revenues. It is designed to help aged, blind, and disabled people, who have little or no income; and It provides cash to meet basic needs for food, clothing, and shelter.

<http://www.ssa.gov/ssi> 800-772-1213

**Medicaid Hoosier Healthwise** is a health insurance program for Indiana children, pregnant women, and low income families. Health care is provided at little or no cost to Indiana families enrolled in the program. The enrolled member chooses a doctor to get regular checkups and health care for illnesses.

[www.in.gov/fssa/hoosier\\_healthwise/](http://www.in.gov/fssa/hoosier_healthwise/) 800-889-9949

**Medicaid Select** is a health insurance program for Medicaid-eligible Hoosiers who are blind, aged and disabled.

<http://www.in.gov/fssa/ompp/2848.htm> <http://www.medicaidselect.com>

800-889-9949 877-633-7353

# REACTIVE ATTACHMENT DISORDER (RAD) RESOURCE LIST

\*Created by About Special Kids 7/2/2010; updated 7/20/2010

## TREATMENT (INDIANA):

### **Sudsberry & Associates**

A private Christian counseling center located in Avon, Indiana; specializing in marriage counseling, child and adolescent issues, including attachment disorder, problems of anxiety, phobias and depression

<http://www.saccc.com/pages/Help-Attachment-Adoptees.php>

### **Lennon & Associates**

A multidisciplinary outpatient psychotherapy clinic offering many services for adults, children, adolescents and families, including outpatient attachment therapy. Located in Carmel, Indiana.

<http://www.lennonandassociates.com/>

### **Bethany Christian Services: Indiana**

Offers a variety of support services to foster and adoptive children, including attachment therapy and parental support. Located in Indianapolis, Indiana.

<http://www.bethany.org/indiana/>

## TREATMENT (OUT OF STATE)

### **Evergreen Psychotherapy Center – Attachment Treatment and Training Institute**

<http://www.attachmentexperts.com/index.html>

## INFORMATIONAL AND SUPPORTIVE (INDIANA):

### **Indiana Post Adoption Network (I-PAN)**

<http://www.i-pan.org>

### **CHOICES – Families Reaching for Rainbows program**

<http://www.choicesteam.org/rainbows.html>

***Indiana Foster Care & Adoption Association***

<http://www.IFCAA.org>

**INFORMATIONAL AND SUPPORTIVE - OTHER:**

***Association for Treatment and Training in the Attachment of Children***

ATTACH is a non-profit organization created to help families and society deal with critical attachment and bonding issues.

<http://www.attach.org/>

***Attachment.org – Families by Design***

<http://www.attachment.org/index.php>

***RadKid.Org: Reactive Attachment Disorder***

Information and support for parents of children with reactive attachment disorder or other detachment issues. <http://www.radkid.org/>

***Evergreen Psychotherapy Center – Attachment Treatment and Training Institute***

<http://www.attachmentexperts.com/whatisattachment.html>

<http://www.attachmentexperts.com/childteen.html>

***Attachment and Trauma Network***

<http://www.radzebra.org/>

**Attachment Disorder Site**

<http://www.attachmentdisorder.net/>

**Adoption.com**

Attachment and Bonding Section: <http://attachment.adoption.com/>

**Attachment Disorder Support Group**

<http://adsg.syix.com/>

**Yahoo Group**

<http://health.dir.groups.yahoo.com/group/Attachment-Disorder/?v=1&t=directory&ch=web&pub=groups&sec=dir&slk=5>

## REFERENCES

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<http://members.aol.com/RADchina/>
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- Cline, F.W. (1999). *Can This Child Be Saved: Solutions for Adoptive and Foster Families*. World Enterprises, Colorado Springs, CO
- Fahlberg, V.I., (1991). *A Child's Journey Through Placement*. Perspective Press, Harrisburg, Pa
- Hughes, D. (1997). *Facilitating Development Attachment*. Jason Aronson, Northvale, NJ
- Karen, R. (1994). *Becoming Attached: Unfolding The Mystery of the Infant-Mother Bond and its Impact on Later Life*. Warner Books, NY
- Magid, K., McKelvey, C.A. (1988). "High Risk"...Children Without a Conscience. Bantam Books, NY
- Waldmann, C.H., Gianforte-Mansfield, L. (1994). *Don't Touch My Heart: Healing The Pain of an Unattached Child*. Pinon Press, Colorado Springs, CO
- Ward, P., (2001). Understanding Reactive Attachment Disorder. <http://www.suite101.com>

## Resources on Prenatal Exposure to Alcohol and Drugs

[www.come-over.to/FASCRC](http://www.come-over.to/FASCRC)

[www.come-over.to/FAS/fasrefs.htm](http://www.come-over.to/FAS/fasrefs.htm)

[www.familyvillage.wisc.edu/lib\\_fas.htm](http://www.familyvillage.wisc.edu/lib_fas.htm)

[www.fasiceberg.org/resources.htm](http://www.fasiceberg.org/resources.htm)

Kleinfeld, J., & Wescott, S. (Eds.). (1993). *Fantastic Antone succeeds: Experiences in educating children with fetal alcohol syndrome*. Fairbanks, AK: University of Alaska Press.

Kleinfeld, J., Morse B., & Wescott, S. (Eds.). (2000). *Fantastic Antone grows up*. Fairbanks, AK: University of Alaska Press.

Kranowitz, C.S. (1998). *The out-of-sync child: Recognizing and coping with sensory integration dysfunction*. New York: Perigree Book.

Kulp, L. & Kulp, J. (2000). *The best I can be—Living with fetal alcohol syndrome or effects*. Brooklyn Park, MN: Better Endings New Beginnings. (Available from Better Endings New Beginnings, <http://www.betterendings.org>.)

Morse, B.A., & Weiner, L. (2004). *FAS: Parent and child*. (Rev. ed.). Boston, MA: Boston University School of Medicine. (Available from the Fetal Alcohol

Education Program, 1975 Main Street, Concord, MA 01742.)  
Plant, M. (1985). *Women, drinking and pregnancy*. London: Tavistock Publications.  
Substance Abuse and Mental Health Services Administration. (2006). *What do I do? Helping your kids understand their sibling's fetal alcohol spectrum disorder*. Rockville, MD: Center for Substance Abuse Prevention, Substance Abuse and Mental Health Services Administration.  
Villarreal, S.F., McKinney, L.E., & Quackenbush, M. (1991). *Handle with care: Helping children prenatally exposed to drugs and alcohol*. Santa Cruz, CA: ETR Associates.

### Internet Resources for ADD/ADHD Information

National Mental Health Association  
[www.nmha.org](http://www.nmha.org)  
800-969-NMHA (800-969-6642)  
National Alliance for the Mentally Ill  
[www.nami.org](http://www.nami.org)  
800-950-NAMI (800-950-6264)  
American Psychiatric Association  
[www.psych.org](http://www.psych.org)  
888-35-PSYCH (888-357-7924)  
National Institute of Mental Health  
[www.nimh.nih.gov](http://www.nimh.nih.gov)  
301-443-4513  
American Academy of Child and Adolescent Psychiatry  
[www.aacap.org](http://www.aacap.org)  
202-966-7300  
Children and Adults with Attention-Deficit Disorder  
[www.chadd.org](http://www.chadd.org)  
800-233-4050  
The National Joint Committee on Learning Disabilities  
[www.ldonline.org](http://www.ldonline.org)  
National Information Center for Children and Youth with Disabilities  
[www.nichcy.org](http://www.nichcy.org)  
800-965-0285  
The Attention Deficit Information Network, Inc  
[www.addinfonetwork.com](http://www.addinfonetwork.com)  
781-455-9895  
The American Academy of Pediatrics  
[www.aap.org](http://www.aap.org)

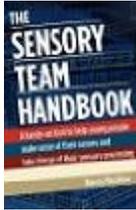
### Sensory Processing Disorder Resources

[www.sensory-processing-disorder.com](http://www.sensory-processing-disorder.com)  
[www.spdfoundation.net/](http://www.spdfoundation.net/)  
[www.sensoryinterventions.com/](http://www.sensoryinterventions.com/)  
[www.pediastaff.com](http://www.pediastaff.com)

## [Sensory Integration Books](#) [Disability Books Home](#)

### **The Sensory Team Handbook: A hands-on tool to help young people make sense of their senses and take charge of their sensory processing**

**By Nancy Mucklow**



"A unique book for preteens and teens about sensory integration that is chock-full of descriptions, suggestions, tips and fun facts designed to involve them in their own sensory integration plan (ie, sensory diet). Fun and easy to read, with cartoons, bullet lists, comics, icons, diagrams, quizzes and more, it describes sensory integration issues in a way that teens can discover for themselves how they may be affected and what they can do to function and feel better." (Allison Martin)

[Read My Full Review](#) | [Order Book](#)

### **The Out-of-Sync Child : Recognizing and Coping With Sensory Integration Dysfunction**

**By Carol Stock Kranowitz**



"This is the most up-to-date and well known book about identifying and treating sensory dysfunction issues now available." (Allison Martin)

[Read Review](#) | [Author Interview](#) | [Order Book](#)

### **The Out-Of-Sync Child Has Fun: Activities for Kids With Sensory Integration Dysfunction** **By Carol Stock Kranowitz**



This book contains nearly 300 pages of activities, exercises, games and projects for children with various sensory integration needs. Touch, hearing, balance and movement, vision, body position and even the sense of smell are all addressed. Key occupational and physical therapy issues are included, such as fine motor, gross motor, crossing the middle line, and bilateral movement. This companion volume to The Out-of-Sync Child presents activities that parents of kids with Sensory Integration Dysfunction can do at home with their child to strengthen their child's abilities-and have some fun together along the way.

[Read Review](#) | [Order Book](#)

### **Parenting a Child with Sensory Processing Disorder**

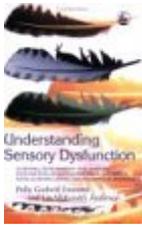
**By Christopher Auer and Susan Blumberg**



"This thoughtful book provides insight, guidance and tools for a wide variety of the special issues that families face while raising a child with Sensory Processing Disorder. Parents are given valuable tools to strengthen their relationships and to help their special children reach their potential. A useful book for professionals serving families, as well as parents who wish insight into their family dynamics." (Allison Martin)

[Read Full Review](#) | [Order Book](#)

## **Understanding Sensory Dysfunction: Learning, Development And Sensory Dysfunction In Autism Spectrum Disorders ADHD, Learning Disabilities and Bipolar Disorder**

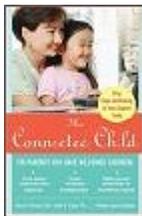


**by Polly Godwin Emmons, Liz McKendry Anderson**

"This well written book provides examples of problems related to sensory integration dysfunction at school and home, along with ways to anticipate and ameliorate them. The authors demonstrate how parents and teachers can be detectives to understand via observation what is going on with these children, as not only the children's reactions but their observations and communication are unlike other children their age. This is a great resource for both parents and teachers, providing both a helpful overview and many specific examples of ways to assist children with serious sensory dysfunction at school and at home."

(Allison Martin)

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**The Connected Child: Bring Hope and Healing to Your Adoptive Family**  
**By Karyn B. Purvis, David R. Cross, and Wendy Lyons Sunshine**

"This book deserves a wide audience; not only is it beneficial for among parents struggling with attachment or behavior issues, but it will also benefit health care professionals and therapist working with these families. Based on practical experience and research, this book provides detailed and practical techniques parents can use in teaching their children appropriate ways to behave, while responding in a loving manner. It is especially useful for children from preschool to early middle school age with special needs such as sensory integration dysfunction, ADD/ADHD, mild autism, and other developmental impacts."

(Allison Martin)

[Read My Full Review](#) | [Order Book from Amazon](#)

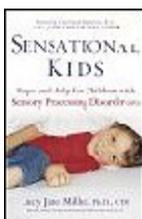


**Sensory Integration and the Child: 25th Anniversary Edition**

**By A. Jean Ayres**

"The first book written for parents and teachers about sensory integrative dysfunction and its treatment. It remains a wonderful resource for anyone seeking to learn more about sensory integration theory and practice." (Allison Martin)

[Read My Full Review](#) | [Order Book from Amazon](#)



**Sensational Kids: Hope and Help for Children with Sensory Processing Disorder**

**By Lucy Jane Miller, with Doris A. Fuller**

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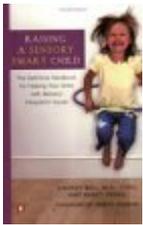
**Meghan's World: The Story of One Girl's Triumph over Sensory Processing Disorder**  
By Diane M. Renna and Regina Stark



"In this cute, informative picture book for children, we spend the day with Meghan, before and after she receives treatment for sensory integration. In terms appropriate for children, she experiences a variety of traditional and alternative therapies, including brushing, sensory diet, OT, therapeutic listening, auditory therapy, diet, nutritional supplements, vision therapy and physical activities. Now she feels happy and healthy." (Allison Martin)

[Order Book](#)

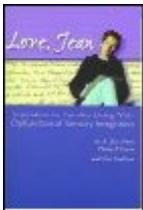
**Raising a Sensory Smart Child: The Definitive Handbook for Helping Your Child with Sensory Integration Issues**  
by Lindsey Biel, Nancy Peske



"An indepth and comprehensive guide to almost all aspects of raising a child with sensory integration issues. Even if you have read one or two other books on sensory integration you will find this book helpful. It delves into topics that parents care about like self-care (such as dressing, tooth brushing, and eating) and socializing (such as parties, crowds, noise), providing suggestions for making these situations easier. Many other important aspects of parenting a child with sensory integration are addressed, such as coping with tantrums, rigidity, and overload. I would recommend this book to any parent who has a child with any level of sensory integration problems, but especially to those whose children are struggling in their daily lives." (Allison Martin)

[Read Review](#) | [Author Interview](#) | [Order Book from Amazon](#)

**Love, Jean: Inspiration for Families Living with Dysfunction of Sensory Integration**

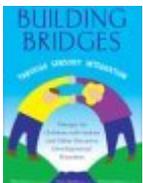


By A. Jean Ayres, Philip R. Erwin, and Zoe Mailloux

"Provides three ways to look at sensory integration: through the eyes of the first researcher, an occupational therapist and a person with sensory integration issues. This approach is unique in presenting formally unpublished letters from Jean Ayres, but also in documenting the struggles of a student with sensory integration disorder over the course of his life." (Allison Martin)

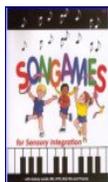
[Read Review](#) | [Order Book](#)

**Building Bridges through Sensory Integration**  
by Ellen Yack, Paula Aquilla, Shirley Sutton



"This sensory integration handbook provides instructions for the use of sensory integration techniques suggestions for dealing with sensory problems in the environment - school, eating, social situations, tooth brushing, play, and so on. This book would be useful to Occupational Therapists already familiar with Sensory Integration who wish to include more techniques in their practice. It is also useful for parents or teachers of toddler through young elementary school age children who want to understand more about the subject." (Allison Martin)

[Read Review](#) | [Order Book](#)



**Songames for Sensory Integration (Audio Cassette & Booklet)**

by Lois Hickman and Aubrey Lande

"This tape provides instructions and corresponding auditory and musical input for a wide variety of children's sensory integration games and activities." (Allison Martin)

[Read Review](#) | [Order Audio Cassette](#) | [Order CD](#)

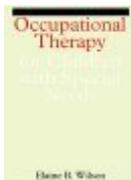


**Sensory Secrets: How to Jump-Start Learning in Children**

by Catherine Schneider

The importance of using information from all the senses to develop foundational skills necessary for growing, learning, decision making, and communication, includes examples, ideas, and strategies.

[Order Book](#)



**Occupational Therapy for Children With Special Needs: Occupational Therapy for Children With Problems in Learning, Co-Ordination, Language, and Behaviour**

by Elaine Wilson and Helen Edwards

A reference for occupational therapists and others working with children who have problems with learning, coordination, speech and language, and behavior.

[Order Book](#)

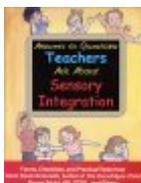


**101 Activities for Kids in Tight Spaces : At the Doctor's Office, on Car, Train, and Plane Trips, Home Sick in Bed . .**

Carol S. Kranowitz

Creative ways to keep kids content in tight spaces. Her activity ideas combine old standbys with new ones born of desperation and cramped quarters. They follow a philosophy that helps kids develop their different skills and abilities while entertaining themselves and interacting.

[Order Book](#)



**Answers to Questions Teachers Ask About Sensory Integration**

by Carol Stock Kranowitz, Deanna Iris Sava, Elizabeth Haber, Lynn Balzer-Martin, Stacey Szklut

An extensive set of checklists and other tools that for teachers and parents with children with sensory integration challenges.

[Order Book](#)



**Danceland (Audio Cassette & Booklet)**

by Aubrey Lande, Kristen Fitz Taylor, Cheryl McDonald, Lois Hickman, and Bob Wiz

Activities with music engage children in rhythmic expression and sensory motor activities.

[Order Audio Cassette](#) 

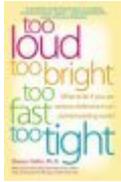


### **Making Sense of Sensory Integration**

**Jane Koomar, Stacy Szklut, and Sharon Cermak**

"An excellent introduction to the theory of Sensory Integration Disorder.. Balanced, well thought out and practical. Listen to it in your car or at home." (Allison Martin)

[Read Review](#) | [Order CD](#)



### **Too Loud, Too Bright, Too Fast, Too Tight: What to Do If You Are Sensory Defensive in an Overstimulating World** **by Sharon Heller**

A developmental psychologist, with sensory defensiveness discusses her own successful therapy and how it transformed her life. The book includes an overview of the condition and treatment, including diet, medication and relaxation techniques.

[Order Book](#)

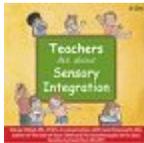


### **Sensory Integration and the Child**

**A. Jean Ayres**

"How wonderful that this exemplary book is back in print! If you want to learn about sensory integration from the founder of the movement - this is the book to get." (Allison Martin)

[Read My Review](#) | [Order Book from Amazon](#)



### **Teachers Ask About Sensory Integration**

**Carol Stock Kranowitz and Stacy Szklut**

"An nice introduction to sensory integration and therapy for teachers and others working with children with sensory integration issues." (Allison Martin)

[Order CD](#)



### **23 Instant Songames**

**Barbara Sher, Aubrey Lande, Bob Wiz, and Lois Hickman**

"A series of songs, activities and poems for young children which emphasize movement along with friendship, self-esteem, and self-expression." (Allison Martin)

[Read Review](#) | [Order CD](#)